

# Health Equity Trainings

Complied by Mental Health Recovery Board Serving Warren and Clinton Counties

## Upcoming Trainings

<p>July 29, 2021 12-3 pm Virtual <a href="#">Register</a></p>	<p><b>Back to School: Trans-Spectrum Youth &amp; Re-Engagement Anxiety</b></p> <p>By the TransActive Gender Project at Lewis &amp; Clark Graduate School of Education and Counseling</p> <p>The COVID-19 pandemic and its associated forms of isolation have left a profound impact on transgender, nonbinary, and otherwise gender diverse youth in ways that go beyond the dangers of infection. The closure of in-person classrooms has resulted in decreased access to social support for students as well as the abrupt return to potentially unsupportive home environments. This workshop will explore the ways in which children and youth embracing their identity and living openly in their truth, those in early stages of self-expression, and those living in unsupportive environments have been uniquely impacted by social isolation. The workshop will also address associated concerns surrounding returning to physical school environments and the impact it may have on them and their families.</p>
<p>July 29, 2021 1-3 pm Dayton <a href="#">Register</a></p>	<p><b>Cultural Humility</b></p> <p>By Montgomery County ADAMHS</p> <p>Cultural Humility is the ability to maintain an interpersonal stance that is other-oriented (or open to the other) in relation to aspects of cultural identity that are most important to the person. This training will take you on a journey of understanding how to apply cultural competency to a different level and recognizing it as a lifelong commitment in learning about other cultures.</p>
<p>Aug 10, 2021 10am-12pm Virtual <a href="#">Register</a></p>	<p><b>Social Change</b></p> <p>By Montgomery County ADAMHS</p> <p>More Than Just a Post This interactive workshop will help prepare you to address the current social movement, what role you can play to help bring about change as we move towards racial equity</p>
<p>Aug 17, 2021 10am-12pm Virtual <a href="#">Register</a></p>	<p><b>Implicit Bias: Understanding Multicultural Diversity</b></p> <p>By Montgomery County ADAMHS</p> <p>Where does implicit bias come from? Why do I have these biases? How do I expand my understanding of cultures other than my own? This training will answer these</p>

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	<p>questions and more about the paths we have taken and the personal experiences that have shaped our biases.</p>
<p>Aug 24, 2021 10am-12pm Virtual  <a href="#">Register</a></p>	<p><b>Understanding Privilege and the Responsibility of Being an Ally</b>  By Montgomery County ADAMHS  What privilege do you carry in your backpack? This workshop will help participants understand how privilege may have unknowingly played a role in their life and how to use this privilege to step up and be an ally.</p>
<p>Aug 31, 2021 10am-12pm Virtual  <a href="#">Register</a></p>	<p><b>Inclusive Leadership</b>  By Montgomery County ADAMHS  Are you an inclusive leader? Would you like to learn more inclusive leadership tools to add to your toolbox? This lively and interactive workshop will provide concrete tips for creating an inclusive space, having challenging conversations and being an inclusive leader.</p>
<p>Sept 2, 2021 2-3 pm Virtual  <a href="#">Register</a></p>	<p><b>LGBTQ+ Terminology 101</b>  By Montgomery County ADAMHS  This training will provide a baseline of knowledge and contemporary/ relevant terminology for service providers (licensed or non-licensed) working with LGBTQ+ youth in the homeless service system, schools (K -12 and higher ed.), counseling agencies, children’s services, case management, hospitals, vocational programs, and behavioral health.</p>
<p>Oct 5 – Dec 14, 2021 Free On-line course  <a href="#">Register</a></p>	<p><b>Bridging Differences</b>  By Greater Good Science Center, Univ. of California-Berkeley  We encounter differences every day—differences in race, politics, gender, faith, and more. How can we connect across these differences, especially at a time of deep social polarization?  In this course, you will learn core research-based principles and strategies for fostering positive relationships, dialogue, and understanding across lines of difference. The course offers best practices that draw on scientific findings and case studies from real-world programs. It will zero in on how these evidence-based strategies can be applied to the divisions and conflicts that show up in our everyday relationships and in various sectors, with a particular focus on university and college campuses.</p>

Disclaimer: This Health Equity Training List is compiled by Mental Health Recovery Board Serving Warren and Clinton Counties as a service for professionals and the community. The aim is to give wide coverage to resources, training and news as well as a variety of views and opinions on aspects related to health equity. MHRB does not necessarily endorse the opinions or views put forth in these trainings, and neither guarantees the accuracy of the information provided by external sources/links nor accepts responsibility or liability for any consequences arising from the use of such data.